



For additional information, go to:

[www.JenChanMassage.com](http://www.JenChanMassage.com)

OR

<http://www.JenChanMassageEducation.com>

where you can find links to:

- The Endocannabinoid System
- Information on the Entourage Effect
- Terpenes Chart
- Cannabis & Pregnancy
- Cannabis & Pets
- Shaping Fire's Podcast
  
- And; much, much more!

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## BIO: Jennifer Chan

**Jennifer Chan** started her massage career in 2007 on the east coast, moving to Washington State in 2011. After hearing from clients who claimed benefits from the use of cannabis infused topicals Jennifer discovered that new legislation regarding the use of CHABA products was being introduced here in our state and helped get the new law passed. After numerous requests from CHABA producers the D.O.H. included information on CHABA in the FAQ's section of their website, as a means of creating better clarity for massage therapists here in our state.

Since the changes in law took effect Jennifer has been active in educating her fellow LMT's about the rules and regulations associated with the legal and ethical use of CHABA topicals through word of mouth and various forms of social media, as well as through her unique new continuing education events.

Jennifer is also involved with a variety of related organizations, including NORML Women of WA. In her spare time Jennifer conducts informational sessions about cannabis for various groups, is also a pit bull advocate, working to end Breed Specific Legislation (BSL), and also goes on 2 search and rescue missions monthly for the homeless with Seattle's Union Gospel Mission in Seattle and in Federal Way.



**A Massage Therapist's Guide to:**

# Cannabis Health And Beauty Aids

**In Washington State**

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# WORKING WITH CHABA IN WASHINGTON STATE

## Staying Informed:

The benefits of massage include relaxation, stress relief, recovery from exercise, enhanced healing from injury and more. As licensed massage therapists and healthcare workers we want to use every tool at our disposal to maximize the benefits of our work. However, we also must stay within our scope of practice and comply with the various regulations in our state.

As LMT's it is our responsibility to stay informed on changes in the various laws that limit or expand our practice of massage. This brochure intends to assist you to do that on CHABA/Cannabis regulations and may be updated from time to time as needed.



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## Understanding the Basics: RCW 69.50.575

1) Cannabis health and beauty aids are not subject to the regulations and penalties of this chapter that apply to marijuana, marijuana concentrates, or marijuana-infused products.

(2) For purposes of this section, "cannabis health and beauty aid" means a product containing parts of the cannabis plant and which:

- (a) Is intended for use only as a topical application to provide therapeutic benefit or to enhance appearance;
- (b) Contains a THC concentration of not more than 0.3 percent;
- (c) Does not cross the blood-brain barrier; and
- (d) Is not intended for ingestion by humans or animals.

SOURCE:  
<https://app.leg.wa.gov/rcw/default.aspx?cite=69.50.575>

## CHABA vs. Stronger Cannabis Infused Topicals:

NOTE: Stronger cannabis infused topicals used by a LMT here in Washington State that is not a Cannabis Health and Beauty Aid (CHABA), is a schedule 1 drug. And, as such, not only is such an application outside of our scope of practice, but there may also be serious **criminal consequences** associated with its use!

CHABA	STRONGER CANNABIS TOPICALS
NO MORE THAN 0.3% THC	MORE THAN 0.3% THC
Non-Intoxicating	Can be Intoxicating (Can be very strong, beware of dosage!)
Enough THC to provide therapeutic benefits	More does not necessarily mean better
REMOVED OUT OF the WA controlled Substance Act 6/2015	Still considered a Schedule 1 drug everywhere
<b>WITHIN SCOPE OF PRACTICE</b>	<b>OUT OF SCOPE OF PRACTICE AND A CRIMINAL VIOLATION</b>